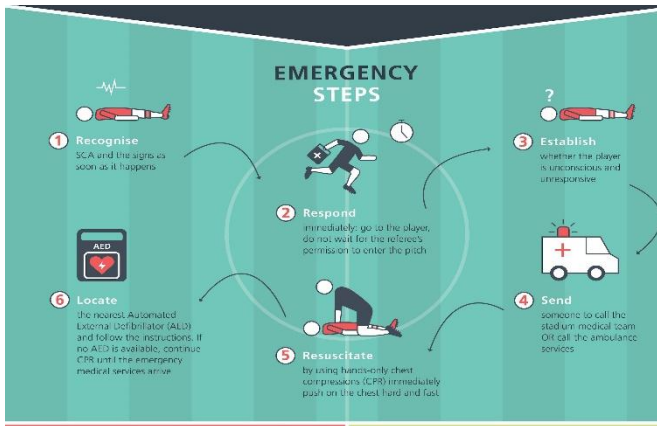
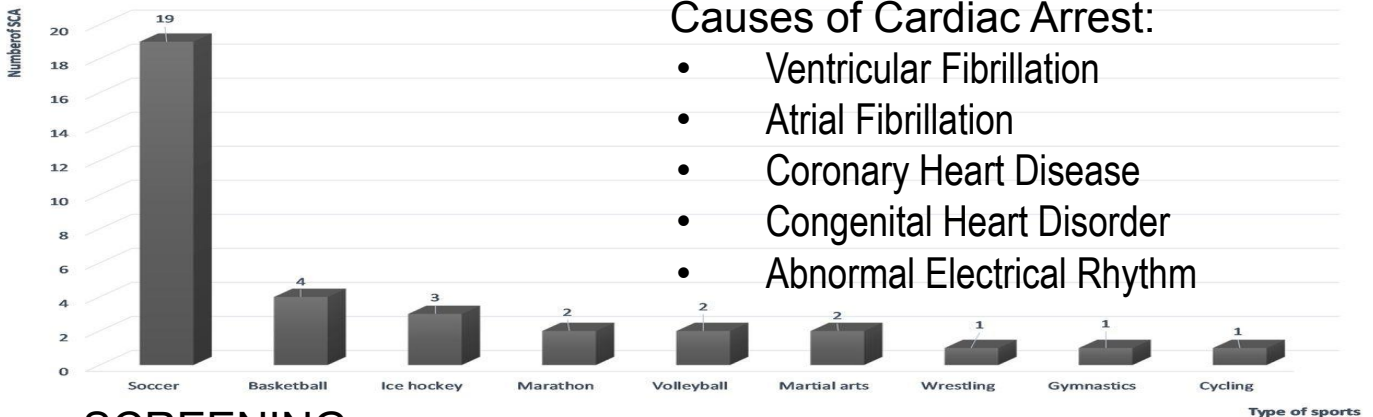


CARDIAC ARREST AND FOOTBALL

- Cardiac arrest among footballers has been a common incidence in the sport.
- According to the FIFA sudden death report almost 617 cases of cardiac arrest has been recorded between 2014-2018.



Numbers of SCA tracked in various sport disciplines

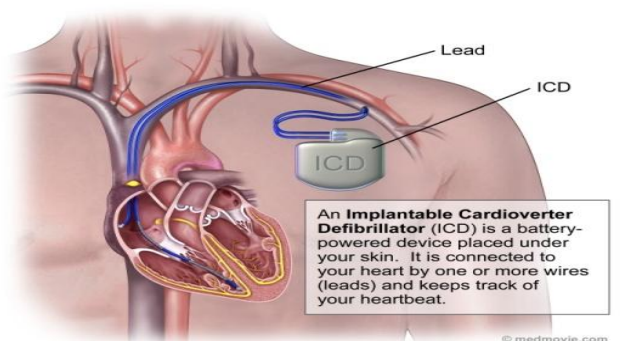


Causes of Cardiac Arrest:

- Ventricular Fibrillation
- Atrial Fibrillation
- Coronary Heart Disease
- Congenital Heart Disorder
- Abnormal Electrical Rhythm

SCREENING:

- ECG is a must for all footballers before they are cleared to play.
- ECHO can be done to rule out conditions like HOCM in young footballers



References

- **FIFA, BJSM- Dr . Florian Egger**

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